

SELF HELP / PERSONAL GROWTH

wake up to **your**  
*Woman Speak!*

*"This book is the chronicle of the thoughts, the dreams, the events that came out of what I call my 'Woman Speak,' my core self. I welcome you to join me in true power. Join me in living."*

—Gail Lamb Roddy



Gail Lamb Roddy is the Executive Director and co-founder of Osiris Organization, an outreach mentoring program that works with at-risk youth. A speaker, author and consultant, Roddy uses the power of personal story to help both youth and adults realize their full potential and find their most rewarding place in the world.

Visit Gail at her Web site:  
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Minneapolis, MN 55344  
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Jacket Design by  
Kathi Dunn, [dunn-design.com](http://dunn-design.com)

ISBN 09665392-3-0

listen up!

What would life be like if you *really* paid attention to that "inner voice," your truth, the way you *really* feel about yourself and the world around you? This is the story of one woman who did. *Woman Speak!* is a booming celebration of intuitive intelligence—the power that lives and breathes in the heart of every woman. Intimate, intense, funny, and brash, this book is full of "ah-ha's" and "oh-yeah's" we can all relate to. More than one women's story of freedom and growth, it is the key we all hold to creating a better world for ourselves by living our deepest truth in our daily lives.

Discover how just one woman's story can help you:

- Hear the powerful guidance of your *own* inner voice
- Use your truth to make healthier choices for your body, mind, and spirit
- Become more vibrantly aware and active in your own life
- Heal yourself, your family, your community, and your world
- Embrace the life-sustaining importance of the ideas, dreams and demands you either ignore or put on hold
- Inspire other women to not only love, but *live*, their own intelligent wisdom

*"Gail Lamb Roddy speaks for all women who have felt the heavy heel of men on their necks. What a courageous, unique spirit she is. Buy a dozen copies that you can have ready for a girlfriend who is having hard times. Gail's great genius will lift her up again!"*

—Dottie Walters

Bestselling author of *Speak and Grow Rich*, Publisher of *Sharing Ideas* newsmagazine,  
President of Walters International Speakers Bureau

it's time to speak,  
and then fully live, your own truth!



WOMAN SPEAK!



GAIL LAMB RODDY

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Woman Speak!



what it means to listen to, love, and live your own wisdom

a true story about the  
power of our inner voice

GAIL LAMB RODDY

USA \$13.95

that small voice  
we all hear became  
a shout for freedom  
she couldn't resist.

There are so many shoulds and should-nots that still define much of our woman's life. Even those who are strong, determined, and successful in so many important ways, live within these limits every day. To hear this story is to heal from it. And that is the real gift that Roddy brings each of us through *Woman Speak!* Through finding her voice, speaking her mind, and living her truth, she sets the rest of us remarkably free to do the same.

embrace the truth bell  
clanging within *you!*

(Continued on back flap)